

if you're bored
you're NOT
downtown



downtown what's up

sioux city

October 2009

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Welcome!

Downtown still swings in FALL!

1st Restoration, Inc.

404 Water Street

Downtown Sioux City welcomes 1st Restoration, Inc. to Downtown Sioux City. 1st Restoration is a new, full-service restoration company providing services to the insurance industry in the restoration of commercial and residential properties damaged by fire, smoke, water, mold or wind. Additionally, 1st Restoration is a certified lead abatement contractor, licensed in mold remediation and nationally certified in water and fire restoration. Jenn (Pavone) Engle and Ron Engle of Sioux City are managing partners and owners of 1st Restoration, Inc.

Downtown Updates!

NEW!! NOON HOUR BELLYCIZE CLASS: BELLY DANCE YOURSELF TO A NEW YOU!

Learn secrets for trimmer abs, longer leaner torso and slimmer hips. Dance the blues away too! Fun, Baby, it does exist!! Four weeks, Monday and Wednesday, 12:00pm to 12:45pm. Starts November 2nd. \$55.00 for 8 class session. Call Connie at Yoga Etc. to sign up! 712.224.9642

Get in the Holiday Spirit!

Downtown for the Holidays will be held, Monday, November 23rd. There is still time to be a part of the Holiday Lighted Parade. Grab the hot cider, invite friends or co-workers and have a party while decorating your float...it's a great way to get in the holiday spirit! To download an application, visit www.downtownsiouxcity.com/events.



Farmers Market Fall Festival

Come join us for the Farmers Markets Fall Festival, on Saturday October 17th. We will have free face painting for children, and pumpkins for children to paint on. We will have live music and the grill will be cooking up: hamburgers, lamb burgers, lamb brats, and pulled BBQ pork. Not to mention all your fall favorites for decorating: pumpkins, Indian corn, and gourds. Apples and caramel apples will be available also. So come join us for the last big bash of the Farmers Market season. The last day for this season Farmers Market is October 31st.

Art Center: America the Beautiful: The Monumental Landscape of Clyde Butcher

October 17, 2009 - January 10, 2010

The 65 photographs in this exhibition majestically capture the great public lands of the United States. The beauty of Clyde Butcher's stunning black and white photographs is enhanced by their epic scale, the largest being 5 by 9 feet. Book signing with the photographer, Clyde Butcher, October 17th.

Log on to: www.siouxcityartcenter.org for more information.

Boxers and Bras for a Cause

June E. Nylan Cancer Center is looking forward to another exciting Boxers and Bras for a Cause event! It is Thursday, October 22, 5:30 – 7:30 p.m. Make plans now to submit an entry or join us for a fabulous cocktail party and runway show. New location this year – Sioux City Convention Center atrium. Remember, this is an awareness campaign to promote breast and colon cancer screenings....life-savers for us and our loved ones. If you have questions, please call Tracy Shook at 252-9426 or e-mail her at shookt@jenc.com.

Downtown Sioux City Art Walk

This years Art Walk is Saturday October 24th from 11-4. We have 30+ artists with 17 stops along the walk. The Art Walk is free to the public. You can download the brochure listing Artists and their location from our web site: www.downtownsiouxcity.com. Travel Plus is sponsoring the trolley to drive the Art Walk route and pick up and drop of guest from one stop to another.

Art Center Masque Mayhem: A Madcap Evening of Mystery and Mayhem

Thursday, October 29, 2009, 6:30 - 10:30 p.m.

\$40.00 per person

Wear your favorite black outfit and a mask (optional) with fantastic food & beverages served! Mask contests for most unique and audience favorite. For more information, log on to www.siouxcityartcenter.org.



Bored? - check out . . .

www.downtownsiouxcity.com

www.orpheumlive.com

www.tysoncenter.com

www.farmersmarketsiouxcity.com

www.siouxcityartcenter.org

Feedback . .

Please give us feedback on our newsletter or anything else that is on your mind. You can e-mail us at the addresses below or phone us at 252-0014.

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